

## **Chair's Report:**

We at KARA have been celebrating our 25<sup>th</sup> Anniversary this past year. Twenty five years of helping families is something to be proud of and at KARA we are beaming. It feels good to help others and that is shining through us into our community.

One of the shining lights from the many programs KARA runs is the Parenting in Two Cultures program. The parents who participate in this group learn about parenting styles and how parenting in Canada may differ from their culture. They also learn life skills, have an opportunity to practice their conversational English, learn about their community, their child's school, how to communicate with their child's teacher and learn about Canadian foods. This program also dovetails nicely with our Collective Kitchen program which helps parents from this program learn how to provide their children with healthy school lunches. This new program, Parenting in Two Cultures seems to be expanding to meet the needs of the parents involved with each session.

Twenty five years ago many community agencies and individuals identified the need, planned and worked at starting KARA. You will recognize many of the names, they include, Norwood Child & Family Centre, Bissell Centre, Boyle Street Coop, General Hospital Social Workers, City of Edmonton Social Workers, Probation, Joan Eddington and a few others. Our community will continue to benefit from the passion and foresight of the founders as KARA continues to serve our community.

KARA could not survive without the continued support of the community by way of the many volunteer hours generously given by many people and by the charitable donations of many. We thank you for that support and we are letting you know that we need your continued efforts to thrive. We also need you to tell others about KARA. I challenge everyone to tell at least one new person each week about KARA. It could be that KARA might help that person or someone that person knows. Additionally, KARA would be assisted by greater community awareness of who we are and how we serve families.

Respectfully Submitted,  
Shelley Smith, Chair  
KARA Family Resource Centre  
Board of Directors